

The Lift Ticket



Mammoth
Photo by: Patty Zahn

May 2023
Volume 53,
Number 1

Chair Notes....

We will be starting this 2023-24 Season with two big changes that were discussed and approved from the April meeting. Starting **in May** the **monthly meetings will be at the American Legion Post 1207**, located at 1011 South Alpine Road, Rockford. *Some of us remember this as LT's where long ago the club had been located.* This change also effects the **meeting DAY, changing now to the THIRD MONDAY of the month**, not the second

Tuesday anymore. The club offers a larger meeting room and other amenities for us. Check out the **“New Meeting Location”** article inside for more info! Hope to see you in the coming months.

We also held elections for 2023-24 Board positions in April. I want to first express my thanks that many of the current Chairs maintained or moved into other positions. But we do have a void this season that needs your

help! Positions not filled are President (as previous President I moved to Chairman), Vice-President, Lift Ticket Editor and finally Publicity. If you have the enthusiasm to help with your club this season then let us know. Everyone has something to offer, give yours a chance to shine!!!

Thanks to all and looking forward to the Summer and new ski season.....

Greg Kaski



Mammoth 2023



NEW MEETING LOCATION and DAY

Starting **May 15th** our **monthly meetings** will be at the **American Legion Post 1207**, located at 1011 South Alpine Road, Rockford. *Some of us remember this as LT's where long ago the club had been located.* This change also effects the **meeting DAY, changing now to the THIRD MONDAY of the month**, not the second Tuesday anymore.

To enter, front or back door, press the “non-member” doorbell (unless a Legion member), tell them you’re with the ski club. Upon access our members may have access to the bar, food when available, as well as any type of gaming, slots or pull tabs. The meeting room is located on the main floor at the North side of the building. Hope to see you there!



New MEETING Location: American Legion Post 1207

Get you your club shirt on Order!

We are now offering short (\$20) and long (\$27) sleeve polo shirts and hoodies (\$30).

Color options for the shirts are navy, light blue, purple, black or sport gray.

Thread color options are white, light blue, purple, or royal blue.

Contact Mary to get your RVSA shirt on order!

Mary Babb babs.mmgk@gmail.com



Mammoth 2023



"THE LAKE GENEVA SHORE PATH WALK"

WHEN: SUNDAY JUNE 4th
WHERE: LAKE GENEVA, WI
MEET AT: LAKE GENEVA PUBLIC LIBRARY (lake side)
START TIME: 9:00 AM
DISTANT: 11 MILES ABOUT 4 HOURS (relaxed pace)

Experience the natural beauty of the rolling glacial terrain and spring feed waters while walking on the same ancient path as the Native Americans did centuries ago.

Everyone's welcome to come out and join us for a great day of socializing while getting some exercise; bring your friends, your family.

This year we'll be walking the north shore path, passing in front of million-dollar estates and stately mansions, design from Queen Anne to Italian Renaissance style.

We will begin at the Lake Geneva Public Library and end our walk at Chucks in Fontana, where we will relax and have lunch.

After lunch we will transport everyone back to their cars in Lake Geneva

Preparations:

- Water
- Treats
- Sunscreen
- Hat (optional)
- Comfortable shoes (with good tread) and socks
- Comfortable clothing and a wind breaker if windy

Public Bathrooms:

- Lake Geneva Library (start of the walk)
- Williams Bay boat ramp (7 miles from the start)

Parking:

Coming from Hwy 43 North - Delavan exit into Hwy 50 East

- HWY 50 east
- Turn left onto Cook St. - go one block (north)
- Turn left onto Geneva St. (west)
- Park anywhere on Geneva St.
- Or go to the next intersection and turn right on Madison (north)

These are free parking spaces

Thanks

Chris

AMYLOIDOSIS FOUNDATION
WALK/RUN/BIKE/ROLL FUNDRAISER

This foundation is having a 2023 Fundraiser, a cause that has significance to our club.

Walk, run, bike or roll at your leisure, in your local area, to help raise awareness of Amyloidosis. You can complete your walk, run, bike or roll anytime between May 1st thru July 31st.

We have an opportunity to support this foundation/fundraiser on an individual basis by participating in the Lake Geneva Walk.

Please go to the website below to complete the registration/donation form.

Amyloidosis Foundation website, then go to the events tab to register.

OR

Registration is OPEN at:

<https://bit.ly/Run23>

Thanks

Chris

10 MORNING Stretches YOU CAN DO IN BED



SAVE THE DATE
RVSA ANNUAL BANQUET

WHEN: JUNE 24TH
TIME: 5:00pm -?
HOSTED AT: The Richardson's Home
PLACE: 7112 N. 2nd ST. Machesney Park, IL 61115

CELEBRATE SKI SEASON'S PAST, PRESENT AND FUTURE

EMAIL BLAST TO FOLLOW WITH MORE DETAILS

Thanks, Patty and Chris



Looking for help from two members to assist with the audit on May 9, 2023 at 7 pm. Please contact Janet at 815-484-3208

by Jessica Gouthro

Jessica is a NASM Certified Personal Trainer, Prenatal Certified, Fitness Nutrition Specialist and co host on the popular YouTube show Live Lean TV.





The Snow Board

Elections are complete!
This year's board to be announced!

Positions Still Open:

President

Vice-President

Lift Ticket Editor

Publicity

We need YOU today!

Rock Valley Ski Association
SKI, SNOWBOARD & SOCIAL CLUB

Email: membership.skirfd@mail.com

trips.skirfd@mail.com

Website: www.skirockford.com



Après-Ski!

"People protect what they love."

Jacques Cousteau



Club Meeting Monday May 15th
At the American Legion Post 1207

RVSA MEMBERSHIP FORM – Due NOW. Please Print or fill out on the website.

Please keep your payments and updates coming in! Renewals for Individuals are \$20 and couples are \$35. If you have had a lapse in membership, your dues would be \$25 for an individual and \$45 for a couple.

NAME: 1 _____ Birthdate: Month _____ Day _____

NAME: 2 _____ Birthdate: Month _____ Day _____

Address _____

Street City, State Zip

CELL #1 (_____) _____ CELL #2 (_____) _____

EMAIL #1 _____ EMAIL #2 _____

MEMBERSHIP: (please select one) **RENEWAL:** Individual - \$20 Couple - \$35
NEW / DELINQUENT MEMBER: Individual – \$25 Couple - \$45

Please mail my receipt to me: **YES / NO**

Make checks payable to RVSA Payment is accepted at monthly meetings or mail to: Dennis Schneider, PO Box 166, Byron, IL 61010

RECEIPT# _____ CASH / CHECK # _____